



CULTIVATING SPIRITUAL
INTIMACY IN ~~YOUR~~ DYNAMIC
MARRIAGE IN CHRIST!

THE NATURE OF INTIMACY

- ❖ Discovering the *essence of yourself* through emotional, social, intellectual, and physical union with your partner
- ❖ Closeness between two people enveloped by an *atmosphere* of deep caring and commitment

THE DYNAMICS OF INTIMACY

- ❖ **LEAVE:** *Responsibility For **Each Other***
- ❖ **CLEAVE:** *Lifetime Unity With **Each Other***
- ❖ **WEAVE:** *Make Something Beautiful **Together!***

THE INTIMACY ENVIRONMENT

Principle #1. TRUST

- ❖ Never, ever “Give your wife a reason...”
- ❖ Trust & confidentiality must not be violated
- ❖ Your mate is convinced that you plan to do right and live right before God & before her
- ❖ Zero presence of exploitation & manipulative behavior
- ❖ Consistently “Keeping it real” in the relationship

THE INTIMACY ENVIRONMENT

Principle #2. UNCONDITIONAL POSITIVE REGARD

- ❖ Christ-centered validation
- ❖ Love does not depend upon performance!
- ❖ I am here for you—in sunshine & in rain!

THE INTIMACY ENVIRONMENT

Principle #3. PSYCHOLOGICAL COMFORT

- ❖ See things from your spouse's viewpoint
- ❖ Show respect & consideration
- ❖ Have a helpful attitude (supportiveness)
- ❖ Be genuinely interested in your spouse

THE INTIMACY ENVIRONMENT

Principle #4. COMMITMENT

- ❖ Turn stumbling blocks in your marriage into “Stepping Stones”
- ❖ Loving your mate when they don’t act ‘lovable’
- ❖ The marriage relationship takes Top Priority in human relationships
- ❖ Caring that is lasting with “no strings attached”
- ❖ This must never be a “50/50” Proposition!

❖ **Commitment *increases* intimacy!**



THINK ON THESE THINGS...



*Nearly all men **touch** their wives but only a select few ever **reach/connect** with them. Until you know, learn, and understand this difference, intimacy will only be a concept rather than a precept in dealing with the one you love...*

Dr. Bill Davis





DEVELOPING SPIRITUAL INTIMACY



Minute Paper Exercise

*The most important thing that I learned
from this lesson is:*

*The question(s) that remain uppermost in
my mind is/are:*



DEVELOPING SPIRITUAL INTIMACY

My Marriage Success Plan

- ❖ *What I Want to Happen:*
- ❖ *How I am Going to do it (My Strategies):*
- ❖ *Specific Time I Will Start:*



LET'S GET TO WORK!

