



Welcome To The Killeen Church of Christ!

"Let us hear the conclusion of the whole matter: Fear God, and keep His commandments: for this is the whole duty of man."-Ecclesiastes 12:13



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**VOLUME 29
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JANUARY 16, 2022

SHEPHERDS

*Lee Fisher
Zachary Petties*

DEACONS

*Roger Deem
Paul Portley
Gaylen Williams*

PREACHER

Phil McIntosh

TREASURER

Gaylen Williams

MONTHLY SUPPORT:

*Cherokee Home
For Children
Cherokee, TX*

*Christian Homes &
Family Services
Abilene, TX*

*Foster's Home
For Children
Stephenville, TX*

*Sunny Glen
Children's Home
San Benito, TX*

SERVICE SCHEDULE

SUNDAY BIBLE CLASS_ 9:30 AM

SUNDAY WORSHIP _10:30 AM

WEDNESDAY_ 7:00 PM

Why Won't You Stop Crying

By Phil McIntosh

Have you ever seen a movie where the beloved family dog dies? Or where the hero sacrifices himself for others around him? Or where a father perseveres through a veritable mountain of struggles to find success, all while having to carry his family through the trials and feeling guilty for his inability to provide for them? Perhaps you can watch things like that and remain unaffected. I cannot. In the words of a childish bully hurling insults on the playground, I'm a huge baby. There are people in my life I can count on one hand how many times I've seen them cry; I can't even begin to think of how many times I've cried. Some of us grew up in a world where crying intimidated some psychological defect; women are perceived as hysterical and men as effeminate or weak. If that were true, then count me among those who are immeasurably defective. Thankfully, and perhaps to the dismay at those who believe otherwise, that is false.

I thank God (*Phil. 4:6-7; Col. 4:2*) for the ability to cry because emotions allow us to express things often inexpressible in words. Crying is, in many ways, is a positive element of human life. Reflect on these reasons why crying actually provides a health benefit:

Detoxify- Emotional tears contain stress hormones and other toxins that you are allowing to exit your body.

Soothe- Crying activates the parasympathetic nervous system and can allow you to be soothed and relax.

Pain Relief- Crying for extended time release endorphins which can affect how we feel.

Mood Adjustor- Some forms of crying can cool your body and lower your brain's temperature, thereby potentially improving your mood.

Grief Expression- Crying can enhance your process of grief or sorrow. Oftentimes crying is a physical manifestation of interior turmoil being acknowledged and released.

Emotional Balance- It is believed that crying can restore an emotional equilibrium, meaning you don't always cry because you're sad or afraid.

While there are some people who have difficulty producing tears and some who simply don't express emotion in such a way, most of us have probably cried more than others around us might assume. Perhaps you even cry more than you would reveal to those around you, even your closest circle. But you know what? It's ok. It's ok to cry and it's ok for people to see you crying; it allows them the opportunity to see your heart and tenderness or even your vulnerability, providing them a chance to come to your aid as loving Christian family is wont to do (*Phil. 2:3-4; Rom. 12:15*).

There is no better example in the scriptures than our Lord Jesus. We are to have His mind (*Phil. 2:5*); walk as He walked (*1 Jn. 1:7*); and imitate Him (*1 Cor. 11:1*). Jesus endured human struggles just as we do (*Heb. 2:17-18*); which included crying. Jesus, during His thirty years on this earth in human form, surely felt joy, sadness, despair, hope, fear, and anger. While we might not know all of the times in Jesus' life when He cried, we know one. In John 11 we are told of a man named Lazarus who had passed away. The Bible tells us that Jesus loved him (*Jn. 11:3*). As Jesus arrived to the scene of family mourning and friends of His enduring grief, He is overcome and the Bible simply reads that, "Jesus wept" (*Jn. 11:35*). People might say, "Real men don't cry," but *real men* don't get any realer than Jesus! If our Lord can cry, you should feel free to allow the bodily mechanism our Creator provided to operate just as He intended.

The Psalmist wrote of many an inexpressible feeling extant in the heart of man. There are things as you read the book of Psalms that you feel and you think, "I couldn't have said it better." David, in despair, pleaded with God in Psalm 6 and said this:

"Have mercy on me, O LORD, for I am weak; O LORD, heal me, for my bones are troubled.
³ My soul also is greatly troubled; But You, O LORD—how long? **6** I am weary with my groaning; All night I make my bed swim; I drench my couch with my tears."—**Psalm 6:2-3, 6**

When you're happy, it's ok to cry. When you're scared, it's ok to cry. When you're grieving, it's ok to cry. When you're sad, it's ok to cry. Just remember there are always a loving Father and a compassionate Lord to whom you can turn during difficult or stressful times of your life. Go ahead and cry, just ensure God is a part your process and with Him all will be well (*Ps. 144:15*).

Practice What You Preach

Shepherds Notes by Zack Petties

It is important to listen to what God’s word says. It is also critical and highly important to obey it and do what it says! Christians struggle with the moment of truth effectiveness of their Bible study time by the effects it has on their behavior and attitudes. Which leads so many Christians to fail, or at least appear to fail to live up to this standard. James 1:22 says, *“But be ye doers of the word, and not hearers only, deceiving your own selves.”* The cogitation is to continue being doers of the word. What is the struggle barrier to not practice what we preach?

In 1 Cor 9: 16, Paul exhibits the preaching of the Good News as a gift and a calling. Paul couldn’t stop preaching even if he wanted to. His goal in life was to glorify God and bring people to Christ. He distanced himself from possible philosophical positions or any material that could entangle him to be sidetracked. He was totally driven by the desire to do what God wanted, using his gifts for God’s glory which motivated him to honor God! Consider that the Christian life is one in which we are too continually mature and become more like Christ (Philippians 2:12–13; Romans 8:29). Many times, our failure to practice what we preach is due to immaturity in the faith. This seems to be particularly true for new believers who are just learning how to live out their faith. Spiritual growth is a lifelong process for all believers to serve in a spirit of eagerness. Not to serve out of a habit, a feeling, or a reluctant duty. Until we fully understand what Christ has done for us and what he offers to others, we will be motivated to share the Good News. Romans 1:14 says in the (NLT) *“For I have a great sense of obligation to people in both civilized world and the rest of the world, to the educated and uneducated alike.”* Paul felt he had a responsibility to give his very best and nothing less, than himself to the propagation of the gospel by which he was saved. His obligation was to people of the entire world, across all cultural, social, racial, economic lines, and both Jews and Gentiles. We have an obligation to Christ because he took the punishment we deserve for our sins. We demonstrate our gratitude through obedience and showing his love to others!

The Good News shows us both how righteous God is in

his plan for us to be saved and also how we may be made worthy for eternal life. To put into action what we have studied and letting our light shine in the world, with a clean way of living before God and before the world in which we live. Giving the world a clear message, we practice what we preach!

In Love,

Brother Petties



VISITOR INVITES: Invite your family, friends, neighbors, co-workers, or anyone to our services with the visitor brochures located in the foyer!

CHURCH COMMUNICATION: If you would like to receive church announcements and updates please ensure the office has your cell phone number so you are included in our list.

JANUARY CLEANING CALENDAR

- May be done any time before the next Sunday.
- Please consult with your team leader for further questions.

THANK YOU!

9-TEAM PHIL

Michelle
Beverly
Donna
Josephine
Yvonne

23-TEAM ZACK

Zack
Amanda
Diedre
Paul
Ruby

16-TEAM LEE

Lee
Natalie
Rufus
Derek
Ken

30-TEAM ROGER

Patrick
Brenda
Roger
Linda

JOIN US!
P.E.P. NIGHT
 (Personal Evangelism & Pizza)

Join us this evening in the fellowship hall for our first monthly P.E.P. Night at 6:00 pm to discuss our personal evangelism efforts and encourage each other.
 For any questions, please see Phil McIntosh.

YOUTH DEVOTIONAL

THANK YOU to those who supported and attended our recent youth devo. Including children and adults we had 23 in attendance. If you would like to volunteer to host February's Youth Devo at your home, please see Phil McIntosh or Gaylen Williams.

JANUARY BIRTHDAYS

HAPPY BIRTHDAY

- 3 - RUFUS BROWN
- 5 - JADEN SEAY
- 9 - AL WILSON
- 9 - RALPH HUGHART
- 18 - BRUCE BROWN
- 23 - JODI CULP
- 30 - ALFREDA PETTAWAY

CHURCH PANTRY DRIVE

We are collecting the following food items:

- Canned Vegetables
- Canned Fruits
- Canned Meats (tuna, chicken, Spam)
- Pasta Sauces
- Beans (canned & dry)
- Cereals
- Soups
- Ramen Noodles
- Paper Towels

Please place these items in the pantry box located in the foyer
 -Thank you!

THOSE TO SERVE
SUNDAY, JANUARY 16, 2022:

- ◆ ANNOUNCEMENTS: GAYLEN WILLIAMS
- ◆ SONG: PAUL PORTLEY
- ◆ 1ST PRAYER: REGGIE BASS
- ◆ SCRIPTURE READING: LUKE MARTIN
- ◆ SONG: PAUL PORTLEY
- ◆ SERMON: PHIL MCINTOSH
- ◆ INVITATION SONG: PAUL PORTLEY
- ◆ SONG BEFORE COMMUNION: PAUL PORTLEY
- ◆ COMMUNION/OFFERING: ANDRÉ PETTAWAY & GIANNI GRIFFITH
- ◆ CLOSING SONG: PAUL PORTLEY
- ◆ CLOSING PRAYER: TIM MATTER
- ◆ AUDIO/VISUAL: PATRICK SELLERS
- ◆ SECURITY: BRUCE BROWN & ROGER DEEM

Scripture Reading

**“Characteristics of the New Testament Church:
 How is it Organized?”**
1 Peter 2:1-6

*“¹Wherefore laying aside all malice, and all guile, and hypocrisies, and envies, and all evil speakings,
²As newborn babes, desire the sincere milk of the word, that ye may grow thereby:
³If so be ye have tasted that the Lord is gracious.
⁴To whom coming, as unto a living stone, disallowed indeed of men, but chosen of God, and precious,
⁵Ye also, as lively stones, are built up a spiritual house, an holy priesthood, to offer up spiritual sacrifices, acceptable to God by Jesus Christ.
⁶Wherefore also it is contained in the scripture, Behold, I lay in Sion a chief corner stone, elect, precious: and he that believeth on him shall not be confounded.”*

NEWS FROM THE PEWS

REMEMBER OUR MILITARY: Michael Rogers is in ALC school in Georgia and Jessica Rogers has deployed to Kuwait. Please keep this family in your prayers.

PLEASE KEEP THESE MEMBERS AND LOVED ONES IN YOUR PRAYERS: Martha Chafin is in Scott & White Hospital recovering from a fall last Monday. She has three fractures and had to have a rod implanted in her femur.

-Angela Thomas is still in Scott & White Hospital and will transfer to the VA Hospital when a bed is available.

-Adam Zak received his biopsy results and it came back as cancerous. The doctor believes all of it was removed. He has another biopsy to be done on the back of his ear and has other health problems.

-Julia Jones's granddaughter-in-law, Cheryl Flores' mother-in-law & father-in-law, Joyce Brown's uncle, Bruce & Joyce Brown's brother-in-law and former member here, John Hobson, & Tim Matter's sister-in-law, Enayda, are battling Covid.

-Shirl Foster is asking for the church to pray for her friend & former member, Valerie Hauer, & her son, Kurt. She's had covid & has it again & she has other medical issues.

-Donna Hines' son, Jared, is ill with possible Covid.

-Former members, Sydney Earl Young has pneumonia and sepsis. He was scheduled to go home on Friday and be on Hospice care. His wife Kay has a UTI that is resistant to the antibiotics and Covid.

-David Hamrick, president at the World Bible Institute, has been diagnosed with colon cancer.

-Millie Simcox's friend, Floydada Barnett, is improving, but still unable to walk from her recent robbery and attack.

SYMPATHY: We wish to express our sympathy to the family of Jean Basco, who passed away on January 8th. No service announcements have been made from the family.

-We wish to express our sympathy to Al Wilson's family on the loss of his nephew, Leon Jones, who passed away on January 9th.

CONTINUED PRAYERS FOR OUR SICK & HOME-BOUND: James Garner's & his wife (Tammy), Donna Hines' niece (April), Josephine Spear's sister (Rose), Julie Odum, James Seay, Linda Deem's nephew, Tanja, Tiffany, Arch, Julia Jones' cousin (Larry Sanford), Amanda Petties' brother (Anthony Allen) & sister (Jewel), Rufus Brown, Ashlyn Almeida, Marcella Williams' brother-in-law (Johnnie Milford), Shirl Foster, Martha Bell's sister, Julie Odum's mother (Sharon Schmidt), Ken Sellers, Garnie & Nada Miller, Lois Brown, Cheryl Flores' brother-in-law (Raymond Flores), Tim Matter's aunt (Vivian), Charles Culver, Billye Hughes, Jim Dukes, Mary McAnally's son, & sister (Ann Ahrens), Barbara Robinson & her daughter & son-in-law (Skip & Laura Skarpa), Esther Cox, Gladys Driver, Willard Dunn, Archie & Jessie Turner, and Linda Walts. Please keep these members and loved ones in your prayers as they battle health problems.

P.E.P. NIGHT: Join us this evening in the fellowship hall for our first monthly P.E.P. Night at 6:00 pm to discuss our personal evangelism efforts and encourage each other. Then each month following we will meet every third Friday at 6:00 pm. For any questions, please see Phil McIntosh.

Our Speaker Today Is Phil McIntosh.

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We want to especially welcome our visitors!

If you are visiting, please fill out an attendance card from the back of the pew directly in front of you and leave it in the pew as you leave.

Thank you for your visit and please join us again!

BIBLE STUDIES AND COUNSELING OFFERED

⇒ Bible Studies With Our Preacher Or Elders

⇒ Free Bible Correspondence

⇒ Free Marriage And Family Counseling

To our visitors—Thanks for being with us today, and please come again!

☞JANUARY CALENDAR☞

19,26-Ladies Bible class at 10:00 am in the fellowship hall.

16-P.E.P. (Personal Evangelism & Pizza) Night in the fellowship hall, at 6:00 pm.

17-The office will be closed for the Martin Luther King, Jr. holiday.

26-Singing class & practice at 6:00 pm.

☞FEBRUARY CALENDAR☞

2-Singing Night

2,9,16,26-Ladies Bible class at 10:00 am in the fellowship hall.

5-Men's Breakfast at 8:30 am, in the fellowship hall.

6-Fellowship Luncheon: Kitchen Group #2 will have kitchen duty (Judy Wall, Creta Bales, Linda Deem, Cheryl Flores, Yvonne Hardiman, & Josephine Spear.)

12-Ladies' Breakfast & Workday at 9:30 am, in the fellowship hall.

13-Youth Devotional at 5:00 pm.

16-Singing class & practice at 6:00 pm.

18-P.E.P Night at 6:00 pm.

CONTACT INFORMATION

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